



Registration and information (This form must be completed completely and truthfully in order to be processed)

Personal Information

Surname: First names: Nickname:
 Date of birth: Place of birth: Gender: Male/Female
 Nationality: Address: Country:
 Phone: Email: Height: cm.
 Gym/team: Trainer/Coach:

Medical information:

Doctor: Health insurance #: Diabetic: NO/YES
 Glasses/contact lenses: NO/YES Epilepsy: NO/YES Allergic reactions: NO/YES If "yes" explain
 Taking medication regularly: NO/YES If "yes" explain
 Have you ever been knocked unconscious? NO/YES If "yes", explain duration of unconsciousness, date(s), particulars:

 In case of emergency Name: Relationship: Tel.:

Combat sports Records & Achievements (if something is "0", then enter this as well):

Amateur Boxing				Pro-Boxing				Thai-kickboxing				MMA				Other:			
Wins	Losses	Exhibition unofficial		Wins	Losses	Draw	Exhibition unofficial	Wins	Losses	Draw	Exhibition unofficial	Wins	Losses	Draw	Exhibition unofficial	Wins	Losses	Draw	Exhibition unofficial

Title(s):

I agree to compete at the following event (date, time, place, name event, name opponent):

I agree to be on time at; the medical check, the weigh-in showing not less than kg. and not more than kg. on the scale, and at the competition venue at least 1 hour before the start of the competitions.

I agree to the terms, provisions, and information on this form, respect the Competition Rules (see pages 2, 3 and 4), the Code of Conduct (see page 4) and I am fully aware that with the practice of combat sports risks are involved. Participation in any activity is done at my own risk. CUMAFE (Curacao Martial Arts Federation) and representatives cannot be held liable for personal injuries and accidents of any kind. I hereby waive now as then any right to bring a claim for damages against CUMAFE and/or representatives, whereby I could claim compensation for costs, damages and interest arising from any injury or injury sustained as a result of sports.

In the case of a minor (person under 18 years), a legal representative (parent/guardian) must sign.

Date: Signature: Name: Role:

Thai-boxing Competition Rules

Classes	Duration (1 min. rest)	Headgear & shin guards	Strikes (punches and kicks) to the head	Knees to the head
U15 (max. 2 years difference)	3x1 min.	yes	no	no
U18 (15 till 18 years)	3x1,5 min.	yes	yes	no
D-class (Debutants)	3x1,5 min.	optional	yes	no
C-class	3x2 min.	no	yes	no
B-class	5x2 min.	no	yes	yes
A-class	5x3 min.	no	yes	yes

Weight classes rounded to whole numbers in kilogram (kg.)

Flyweight	-51	Middleweight	-73	For the youth in lighter weights, a maximum difference of 3 kg. is allowed.
Bantamweight	-54	Super middleweight	-76	
Featherweight	-57	Light heavyweight	-79	The time between weigh-in and the start of competitions may not exceed 24 hours.
Lightweight	-61	Super lighthouse	-83	
Light welterweight	-64	Cruiserweight	-86	Minor age participants are weighed in their fight wear and not just their underwear.
Welterweight	-67	Heavyweight	-95	
Super welterweight	-70	Super heavyweight	95+	

Equipment, Appearance and Eligibility on Medical-related Issues

- Shorts without pockets, laces (except for the inside of the waistband), zippers or other sharp and/or hard objects.
- Men bare upper body. Women wear a shirt, rash guard and/or sports bra.
- All male contestants must provide and wear a cup/groin protector. Females may choose to wear a pubic protector and/or breast protectors (may not shield the breastbone and no metal parts).
- All contestants must wear a Mouthpiece/gumshield.
- Bandages of cotton material (max. 4.5 m long and 5.7 cm wide). Or soft open weave gauze cloth (max. 1 roll 5 cm x 15 m of gauze for each hand) and Zinc Oxide Tape (max. 1 roll of 2.5 cm x 13 m and 1 roll of 1.25 cm x 13 m for between the fingers). No tape on the knuckles. Any other substance/object is prohibited.
- Anklets (Support Socks), but only one each foot. Tape or anything else under it is NOT allowed.
- All Youth under 18 years MUST wear (their own) headgear and shin guards.
- The organization provides gloves.
- A dressing on a cut, wound abrasion, laceration or blood swelling (scalp, face incl. nose, ears) is not allowed.
- No shoes, No body piercings, No jewelry, No other accessories are permitted to be worn during a bout.
- Nails must be short clipped and not sharp.
- Only soft contact lenses allowed. If loses contact lenses; the contestant accepts to continue without and the fight continues or the contestant does not accept to continue to fight without contact lenses, the Referee terminates the fight, and the opponent is declared the winner by ABD (abandon).
- A fighter with epilepsy shall not be allowed to participate in competitions.
- A fighter wearing braces on both upper and lower sets of teeth, can fight if he/she is wearing a fitted gumshield and can provide a letter from his or her orthodontist attesting that it is safe to fight.
- Female fighters must show a negative EKG Test and pregnancy test and must sign a non-pregnancy declaration.

Corner(wo)men (coaches/seconds)

- Up to 3 corner persons wearing sportswear (no jeans). Only one may enter the ring between rounds.
- Must leave the ring prior to the start of each round, remove seats, towels, buckets, etc.
- In possession of a towel, bucket, transparent bottled water only, can use Ice bags, Swabs and Vaseline. Vaseline only on fighters' face, not on the neck, shoulders or other body parts.
- Supplemental oxygen or any type of inhaler is NOT allowed.
- Not allowed to touch the ring during the rounds, yell, cause a scandal, disturb the competition, to walk off their designated area, throw any item to demonstrate a disagreement, kick any chair/item and/or to take any other action that may be deemed as unsportsmanlike behavior.

Commands by the Referee. “BREAK” both fighters must take a step back and after that, they are allowed to continue. If the referee says “STOP”, both fighters must step back and must wait until the referee says “FIGHT”.

Legimate techniques (very important because there may be differences with rules of other organizations.)

- Punches with the padded knuckle part of the glove to the front and side of the head (not the back of the head) and to the front and side of the torso/trunk (above the belt). The spinning back-fist is allowed, BUT only with the padded back of the glove. If one makes this technique and hits with arm, elbow, hammerfist or side of the glove it is a foul.
- Kicks with the foot or shin to front and side of the head, neck, torso (side of the body, chest, stomach, also lower abdomen just below the navel), arms and legs. To the legs roundward low kicks are allowed. No kicks to the knee.
- Knee strikes to the torso (front & side) and legs. Only in A- and B-class knees to the head are allowed.
- Elbow techniques to the torso (front & side) and legs. NOT to the head.
- Active clinching. The referee decides whether to break, if the action is not flowing.
- May grab/hold opponent’s leg in order to immediately execute a single legal strike. The leg must be released immediately after that single legal strike.
- Sweeps.
- Youth younger than 15 years (U15) NO strikes (no kicks and no punches) to the head.

FOULS. The following acts or techniques are NOT allowed:

1. Hitting, punching, striking with; the head, shoulder, forearm, wrist, side of the hand, hammerfist, an open glove, the inside of the glove, slapping, lacing (rubbing the bottom side of an open glove into the opponent's face) or striking with any part of the arm then the padded part of the glove.
2. Elbow strikes to the head.
3. Knee strikes to the head in the youth, D- and C-class.
4. Coming in too low with the head. If in the D- or C-class a fighter comes in too low and receives a knee on the head it’s his/her own fault and not a foul of the opponent.
5. Wrestling, throwing, chokes, guillotines, strangulation techniques, any submissions attempt holds, locking opponent’s arm or head, pushing an arm underneath opponent’s arm pushing or any attempt to off-balance or down an opponent with anything other than a legal strike
6. Holding on to an opponent’s leg without striking
7. Groin attacks, Biting, spitting, Hair pulling/grabbing
8. Strikes to the spine, the back of the head or back of the torso (kidney punch).
9. Throat strikes/ pulling opponents head in a way to open the neck area for a striking attack (if a punch is placed and the punch lands in the throat area of the competitor, this will be considered a clean and permitted technique).
10. Stomping the feet of an opponent and/or stepping on the opponent’s toe
11. Linear, thrusting, straight or oblique downward kicks directed to the knee joint.
12. Holding or grabbing the ropes
13. Pressing, throwing, pushing opponent over the ropes or any attempt to cause the opponent to fall out of the ring
14. Continuing the fight when an opponent is (partially) outside the ropes or tied up in the ropes.
15. Simulating being hit too low, falsely claiming a foul, faking an injury, etc.
16. Avoid contact with opponent, run away from the action of the fight, allowing oneself to fall
17. Dropping or spitting out the mouth guard.
 - Spitting out the gumshield intentionally without receiving a punch = OW (Official Warning)
 - If the gumshield falls out after receiving a punch, and if this happens for the 3rd time = OW
18. Unsportsmanlike and/or undisciplined conduct of any kind
19. Attacking an opponent who is under the care of the referee
20. Disregard of the referee’s instructions
21. Continuing the fight after the command “break” or “stop” from the ref.
22. Attempt to strike immediately after “break” and before taking a step back.
23. Attacking an opponent on or during the break
24. Attacking an opponent after “stop”, before the referee gives the “fight” command.
25. Attacking an opponent after the bell has sounded the end of the round
26. Speaking, insulting the referee, officials, opponent, his team and/or use of abusive language in the FOP
27. Interference from a corner

28. Continuing the fight when an opponent is down/fallen, in the process of getting up or has contact with the ground with another part of his body than his foot/feet

29. Intentionally falling on a down opponent, pressing elbow or knee upon and/or in any other way.

OW (Official Warning) = 1 point deduction. 3rd OW = DQ (Disqualification). Injury or cut caused by illegal blow = DQ
In the A-class, the fight is stopped after 3 Knockdowns/eight counts in the same round or 4 in the entire fight. In all other classes, this is 2 per round or 3 in the fight. The result is technical knockout (TKO).

Scoring Criteria:

1. Number of Knockdowns
2. Damage to opponent/Impact
3. The number of clean techniques
4. Sportive Aggressiveness and/or ring domination

Code of Conduct

Combat Athletes should demonstrate high standards of ethics and sportsmanship. The highest potential of sports is achieved when participants are committed to pursuing victory with honor according to core principles: trustworthiness, respect, responsibility & fairness.

- 1.0. I shall ensure that my conduct may not in any manner tarnish the reputation of the combat sport.
- 1.1. I shall in all instances, respect all rules and regulations set by CUMAFE and the (event) organization.
- 1.2. I shall not collude or collaborate with any party by violating any rules of the sport.
- 1.3. I shall always conduct myself respectful to the organization, officials, and competitors.
- 1.4. I shall not in any circumstances, directly or indirectly, solicit, accept, or offer any form of remuneration or commission, nor any concealed benefit, service or gift of any nature that could be considered as a bribe or undue influence.
- 1.5. I shall not bet on any part of the competition, or anything that would conclude a decision of a contest; nor shall I share inside information at any time and in any circumstance.
- 2.0. I must immediately upon receipt, report any approaches or offers, such as those described in 1.4/1.5.
- 3.0. I shall not enter into any form of harassment or abuse, be it physical, professional, or sexual, and cause or instigate any physical or mental injuries outside of the competition.
- 3.1. I shall not discriminate against anyone based on race, color, religion, gender, age, national origin, disability, or sexual orientation.
- 4.0. I shall not engage in disrespectful conduct of any sort including profanity, obscene gestures, and offensive remarks of a sexual or racial nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.
- 4.1. I shall refrain from conduct that could cause serious damage to the sport, including in any case conduct punishable by law and conduct that is seen as socially improper.
- 4.2. I shall live up to high ideals of ethics and sportsmanship and always pursue victory with honor; do what's right even when it's unpopular or personally costly.
- 4.3. I shall respect the (inter)national anti-doping rules, and act accordingly.
- 4.4. I shall honor the spirit and the letter of rules; avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.
- 4.5. I declare to be in a proper physical condition to participate in combat sports and in the possession of a valid medical insurance.
- 5.0. I shall not criticize or attempt to explain calls or decisions made by any Competition Official.
- 5.1. I shall not be under the influence of alcohol or drugs, while participating in any event, including all related meetings, weigh-in duties, etc.
- 5.2. I shall not smoke in the competition venue, or any area not designated as such for smoking.
- 6.0. I acknowledge that any infringement of this code may lead to disciplinary measures/sanctions against me.
- 6.1. I also understand that at any point during an alleged breach of the Code of Conduct during the competition, that my accreditation may be suspended or removed without prejudice whilst an investigation is initiated or ongoing.